



Dedicated to the health and wellness of our students, the Food & Nutrition Services Department's mission is to nurture all children through access to nutritious balanced meals. These meals foster proper growth and development to prepare students for success. Marquardt District 15 is pleased to offer all students a healthy school breakfast and lunch at NO CHARGE. This service to our students is made possible by the federally funded Community Eligibility Provision (CEP) as part of the National School Lunch Program.

- We no longer accept free and reduced meal applications. If you are interested in applying for a fee waiver please refer to the fee waiver section of the handbook.
- For further information regarding CEP, please visit our website at www.d15foodandnutrition.us

Our Menu

At the beginning of the school year a color copy of the school meal menu will be provided to each student. The menu as well as nutritional content of all the foods served in our programs can be viewed on our website, www.d15foodandnutrition.us. We offer both hot and cold entrée choices daily and all menu items are served in age appropriate portions. In addition to the entrées, we offer a variety of fruits and vegetables daily. We are proud to say that our fresh fruit and vegetables are purchased locally when available. Legumes are also offered on a weekly basis. Our meals meet all the whole grain, calorie, fat and sodium requirements as set forth by the federal government. We offer only fat-free flavored or low-fat white milk, which is also purchased locally. Although milk is part of a school meal, it also offered individually for those that choose to bring a meal from home.

Elementary Schools (Black Hawk, Hall, Reskin & Winnebago)

All enrolled elementary students have a student meal card that is used at meal service times. These cards are located near the meal service areas daily.

Breakfast

Students in grades K-5 are welcome to participate in the school breakfast program. At breakfast, we offer a "Grab and Go" breakfast, fruit, and milk daily. Per CEP, all school breakfast entrees are offered to students at no charge. Students are not able to bring in breakfast from home and can only consume breakfast provided at school. Each individual school has established times and areas in which students are allowed to enter and receive breakfast; please contact your student's school for these times.

Lunch

Students in grades 1-5 are welcome to participate in the school lunch program. At lunch, we offer one hot entrée and two cold entrées daily for the students to choose. Students can choose one entrée and combine up to three side choices and milk to make a complete lunch.

Students are responsible for ordering lunch daily and must raise their hand in the classroom in the morning. Per CEP, all school lunch entrees are offered to students at no charge.

Marquardt Middle School

Children attending Marquardt Middle School will choose their breakfast/lunch while moving through the service line. There is no pre-order required. Students access their account by entering their four-digit pin at all meal services.

Breakfast

At breakfast, a variety of hot and cold breakfast options are offered daily at multiple locations throughout the school. Student can select an entrée and choose up to two side choices and a milk to make a complete breakfast. Students enter the school at 7:40 am to get breakfast. Students then go back outside and can eat as they wait for the bell to ring or some choose to eat once they get into the classroom. If the weather is below freezing students eat breakfast indoors as they wait for the final bell to ring.

Lunch

At lunch, a variety of hot and cold lunch entrees are offered daily. Students can choose one entrée and combine up to three side choices and milk to make a complete lunch. Per CEP, all school lunch entrees are offered to students at no charge.

Smart Snacks (A la carte)

We offer a healthy selection of smart snack items daily that meet the USDA Standards. Students may deposit cash or check on their account to purchase these items. Parents may deposit money online using a debit or credit card at www.mymealtime.com. You will need your student's I.D. number to set up an online account. Please call our Food Service Dept. at 630-858-3850 if you need your child's ID number.

After School Snack

New this school year, MMS is proud to provide an afterschool meal program! If your student attends an after school program at MMS, they are eligible to receive an after school snack at no charge. A mobile snack kiosk will offer a variety of nutritious snacks Monday through Thursday.

Food Allergies

If your child has a life threatening food allergy, you may request meal modifications by using the Modified Meal Form available on our website. **This form must be completed and signed by your child's physician.** Please turn the form into your school office and you will be contacted by our department's Registered Dietitian to discuss possible modifications. Please note, that the District 15 Food & Nutrition Department *does not serve any foods to our students that contain peanuts or tree nuts in the ingredient label.*

For more information about our food and nutrition programs please contact the District 15 Food & Nutrition Services Department or please visit our website at www.d15foodandnutrition.us.